



# The **BEST** of NORTHWOOD Elementary



September 21, 2007

Please mark your calendars

**Friday, September 21**

Signed papers go home

**September 24-28**

ITBS Testing Grades 3 and 5

**Thursday, September 27**

PTA Domino's Pizza Night

**Friday, September 28**

Progress Skills Checklists go home

Movie Night—Grades K-3

6:30 p.m.-8:00 p.m.

**Wed., October 3 & Thurs., October 4**

Gift Wrap Pick-Up 3:00 p.m.-6:00 p.m.

**Thursday, October 4**

Media Center Open 4:00 p.m.-7:00p.m.

**Saturday, October 6**

Hands on Atlanta

9:00 a.m.-1:00 p.m.



CHECK OUT OUR SCHOOL WEBSITE AT [www.northwoodelementary.com](http://www.northwoodelementary.com)

## The Northwood Foundation

The Northwood Foundation continues to help our school be its BEST. The Foundation is a 501(c)3 nonprofit organization designed to attract gifts from large donors. Northwood families also participate in the Foundation through the annual fall appeal campaign and matching gifts from their employer.

In the past the Foundation has contributed to the classrooms in many ways, especially with the purchase of our ActivBoards. The continued goal is to place ActivBoards in every classroom. We would like to take this opportunity to thank the Foundation and its partners for also providing funds for staff development and the purchase of new PE equipment.

If your employer or a family member or friend is willing and able to make a contribution that will make a difference in your child's school and our community, please contact Sheila Michael at school or Foundation President, David Tolleson, at home (678-566-1562).

## Hands on Atlanta Day

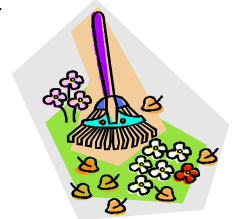
Saturday, October 6

Please come to Northwood on Saturday, October 6 from 9:00 a.m.-1:00 p.m. when we will join volunteers from the business community to work on the grounds of Northwood and do other tasks that will improve the appearance of our school both inside and out.

We expect at least 150 volunteers from businesses, the community and the Northwood staff to join in.

If you would like to join us on October 6, please contact:

Jud Shumway: 770-992-6013.



### Can We Help?

Please call us at 770-552-6390

- Curriculum: Ms. Evangelista, ext 141
- Guidance Counselors  
Ms. Allen, ext 133  
Ms. Roberts, ext 131
- Media Center:  
Ms. Corrigan, ext 149
- IST: Ms. Thompson, ext 132
- Bi lingual Parent Liaison  
Ms. Landazabal, X130
- Cafeteria: Lisa Sutton,  
ext 156 or 770-552-6396



Sheila Michael, Principal  
Ritu Ahuja, Asst. Principal  
Northwood Elementary School  
[www.northwoodelementary.com](http://www.northwoodelementary.com)  
10200 Wooten Road  
Roswell, GA 30076  
Ph: 770-552-6390

## 2007 Reflections Program Attention Northwood Elementary Artists:

**Do you want to show others your talent?**

Your child can participate in this year's **PTA Reflections program!** The theme is "I can make a difference by....." Inspire your child's creativity by encouraging them to participate in this once a year PTA sponsored event. Your child can enter in the following categories: musical composition, literature, visual arts, photography, film/video production, or dance choreography. Dance and film/video are new categories! **Entries are due on October 5, 2007.**

Find out more by visiting the PTA website [www.geogiapta.org](http://www.geogiapta.org).

**I make a difference at Northwood Elementary**

## Upcoming Parent Teacher Conferences

Research indicates a strong connection between parent involvement and student performance. This is true for all parents across socio-economic level, race and educational backgrounds. Research also shows that students who are involved in academic activities at home do well at school.

Parents, please make every effort to attend your parent conference. If you have not already scheduled a conference to meet and discuss your child's performance, please do so now. When children know that parents are involved they tend to perform much better.

### FULTON COUNTY MATH FORUMS

This school year marks many changes in your child's curriculum. Kindergarten through fifth grade is currently implementing the new math curriculum and textbook series.

With new math standards, new questions arise. Parents can learn more about the new Georgia Performance Standards math curriculum at six Fulton County Math Forums during October.

Fulton County School's Director of Math Curriculum Lori Fanning will give an informative GPS math presentation followed by a question-and-answer session. Each meeting begins at 7 p.m. in either the auditorium (high schools) or gymnasium (middle school).

- Creekside High School, October 4
- Milton High School, October 8
- Banneker High School, October 15
- Sandy Springs Middle School, October 22
- Roswell High School, October 25
- Chattahoochee High School, October 29

We hope that you will be able to attend one of these forums to learn more about the new math curriculum.

### Iowa Test of Basic Skills

Students in 3rd and 5th grade will be taking the Iowa Test of Basic Skills (ITBS) on September 24-28th. You can help us by preparing your child for a successful testing experience in the following ways.

#### Test Taking Tips

- Make sure your child gets a good night's rest.
- Provide breakfast at home or send your child to school early enough to have breakfast.
- Have your child dress in layers to accommodate the classroom's temperature.
- Be at school on time (7:45). Testing begins at 8:15 a.m. Late 3rd and 5th grade students will be asked to wait in designated areas and make up the test later on.
- Make up testing is held at various times during the testing window. Students do not like to miss regular school days and often times do not like to be singled out for make up testing. This can affect their test performance.
- On the day of the test, encourage your child with confidence in his/her ability to do well during the testing session.

#### Students can prepare for the test by doing the following:

- Concentrate on the test and put everything else out of their mind.
- Use the restroom prior to the testing session.
- Put forth a best effort since the scores are a reflection of their ability.
- Listen carefully to all directions being read by the teacher.
- Be aware of time limitations.
- Try to eliminate the obvious wrong answer and make an educated guess if unsure of the answer.
- If finished early, check over answers.

### School Daze: When Kids Don't Get Enough Sleep

Night after night, the majority of American kids utterly fail to get enough sleep, which according to experts is 10 to 11 hours a night for 6- to 12-year-olds and 9.25 hours for teens (yes, researchers are that precise!). The temptation to let bedtime slide in the hope of capturing some elusive quality time is especially strong for working parents, who include 72% of moms. How much difference could an extra, say, 40 min. of awake time really make? A lot, according to research with kids ages 9 to 12. Even modest reductions in sleep diminish a child's alertness, concentration and memory--all necessary components of academic success. Similarly, a study of 77 fourth and sixth graders, published last spring in the journal Child Development, found that extending sleep just 40 to 60 min. can markedly improve classroom performance. "Between the TV and the Internet, parents often feel like they've lost the battle to get their kids to bed," concedes researcher Sadeh. "But they really must become more assertive in setting limits." "Sleep is not a priority in our 24/7 society," laments psychologist Jodi Mindell of Children's Hospital of Philadelphia. "And if adults don't make it one, children certainly won't." Experts urge parents to stick to consistent bedtimes and wake up times, even on weekends, though that's a tough sell to teenagers. Another tip: turn off the television at night, and keep it out of children's bedrooms. Needing TV to fall asleep is a bad habit, and TV actually acts as a stimulant. Watch food and drink intake: a light bedtime snack is O.K. but avoid iced tea and sodas with caffeine, which stays in the body for up to six hours.

Portions reprinted from Time Magazine, October 6, 2003

### Is your child old enough to be home alone?

*These guidelines are provided by the Department of Family and Children Services.*

*Children age eight and under should not be left alone.*

*Children between ages nine and twelve may be left alone for brief periods (less than two hours) if caretaker determines that the child is mature.*

*Children ages thirteen and older may be left alone and may perform the role of babysitter. DFCS advises that this time be no more than twelve hours.*

### MEDIA CENTER NEWS

Beginning Thursday, October 4, the Media Center will be open from 4:00 p.m. until 7:00 p.m.

